

There is no cost to Pharmacists Mutual customers to borrow the DVDs listed below, but we ask that they be returned within 2 weeks so they may be available for other customers.

To order – call 800.247.5930 x7253 or e-mail to [loss.control@phmic.com](mailto:loss.control@phmic.com)

All materials are DVD format unless otherwise indicated

Title	Description	Length
<b>DRIVING</b>		
"I Could See it Coming" – Vehicle Type Specific	Defensive Driving – Covers unique handling characteristics by vehicle type. Please specify: <ul style="list-style-type: none"> <li>■ Auto</li> <li>■ Cargo Van</li> <li>■ Step Van</li> </ul>	17:50 min
"On the Job, On the Road"	Pharmacists Mutual production for delivery drivers and off-site healthcare workers.	45 min
<i>We will provide a complimentary copy for you to keep.</i>		
"Safe Backing and Parking"		18:20 min
"Defensive Driving"	National Safety Council DDC course suitable for group presentation	54 min
"When Weather Goes Bad"		15 min
"Why Do We Drive the Way We Do?"	Company drivers need to operate vehicles with professional attitudes and professional defensive driving skills.	13:50 min
"Crash Course: Vehicle Incident Reporting"	How drivers should report vehicle collisions	16 min

**WORKERS COMPENSATION**

<b>"The Back Pack"</b>	A series on preventing and avoiding back injuries.	
	<ul style="list-style-type: none"><li>■ A Bit About Backs</li></ul>	45 min
	<ul style="list-style-type: none"><li>■ On the Road: The Lighter Side of Lifting</li></ul>	22 min
	<ul style="list-style-type: none"><li>■ Back in Step: The Road to Recovery from Back Pain</li></ul>	60 min
	<ul style="list-style-type: none"><li>■ Take 5 for Health &amp; Safety</li></ul>	40 min
	<ul style="list-style-type: none"><li>■ Stretching Out at Work</li></ul>	13 min
<b>"It's Your Back – Don't Break It"</b>	Back Safety for Home Care Workers	30 min
<b>"Back Safety"</b>	For Material Handlers	19 min
<b>"Patient Lifting and Transfers"</b>		19 min
<b>"Element of Back Care – Healthcare Industry"</b>	Function and design of the back, body mechanics & movement, proper techniques for patient movement and transfer.	16 min
<b>"Principals of Office Ergonomics"</b>		15 min

**OTHER TOPICS**

<b>"Accident Investigation"</b>	Investigate the accident, review the facts to find the cause, implement corrective actions, document findings and actions, interview techniques, follow-up.	12 min
<b>"Threat Detector"</b>	Your role in preventing workplace violence	18 min
<b>"Emergency Preparedness"</b>	Helps employees gain a clear understanding of their role if an emergency occurs on the job	14 min
<b>"Preventing Slips, Trips and Falls"</b>	Creating a safe environment for employees and customers	17 min
<b>"Bloodborne Pathogens"</b>	Protection in a healthcare setting	17 min
<b>"Workplace Harassment"</b>		15 min
<b>"Pharmacy Robbery"</b>	Project Safe Neighborhoods, FBI, University of Tennessee	

**ADDITIONAL SOURCES OF INFORMATION**

<b>Workplace Health and Safety - Regulations, training, publications, small business guidelines</b>	OSHA (Occupational Health and Safety Administration)	<a href="http://www.osha.gov">www.osha.gov</a>
<b>ADA, Discrimination, prohibited practices, sexual harassment</b>	EEOC (Equal Employment Opportunity Commission)	<a href="http://www.eeoc.gov">www.eeoc.gov</a>
<b>Burglary and Robbery training for employees</b>	RxPatrol	<a href="http://www.rxpatrol.org">www.rxpatrol.org</a>
<b>Defensive Driving, Safety at Home, Safety at Work</b>	NSC (National Safety Council)	<a href="http://www.nsc.org">www.nsc.org</a>
<b>Safe Patient Handling</b>	ANA (American Nurses Association)	<a href="http://www.nursingworld.org">www.nursingworld.org</a>
	OSHA – E-tools – Hospital	<a href="http://www.osha.gov">www.osha.gov</a>
	CDC (Centers for Disease Control) - See NIOSH Docket #072	<a href="http://www.cdc.gov">www.cdc.gov</a>